

RYUSUI-RYU SENIOR GRADING SCHEDULE

Age: 14 + years

Issued: 1st November 2025 Time Estimate: 7 years

GRADE	KATA	TECHNIQUES	GENERAL	QUALIFICATION CRITERIA
8th Kyu White Belt (Red Stripe)		Taisabaki (21 to 24) Ikkyo (1,2)	Kihon (Set 1) Shikko Holds Mae (1 to 4)	Valid Membership Estimated Time: 4 mths
7th Kyu Red Belt	Shiho-Keri	Ikkyo (3,4) Tai no henka (2)	Ukemi (Suwarawaza) Holds Mae (5 to 8)	Valid Membership Estimated Time: 4 mths
6th Kyu Yellow Belt		Ikkyo (6,7) Sumi-otoshi (2) Kokyu ho Suwari-waza (4)	Holds Ushiro (9 to 13) Ukemi (Tachiwaza) Kihon (Set 2)	Valid Membership Estimated Time: 8 mths
5th Kyu Orange Belt	Ichigenteki	Ikkyo (9,10,12) Shiho-nage (1-4)	Randori (2 attackers) Ippon Kumite	Valid Membership Estimated Time: 8 mths
4th Kyu Green Belt		Sankyo (1) Kaiten-nage (2) Irimi-nage (1)		Valid Membership Estimated Time: 10 mths Demo. Grasp of Japanese names
3rd Kyu Blue Belt	Hijiate	Nikyo (1,2,16) Shiho-nage (9,12) Irimi-nage (16, 17)	Kihon (Set 3)	Valid Membership Estimated Time: 10 mths Instruct: Assist @ club level
2nd Kyu Purple Belt		Gokyo (20) Juji-nage (1,16,17) Kotegaeshi (1,2,19)	Kihon (Set 4) Advanced Ukemi	Valid Membership Estimated Time: 1 yr
1st Kyu Brown Belt (Hakama)		Shiho-nage (16,17) Tenchi-nage (3)	Randori (3 attackers)	Valid Membership Estimated Time: 1 yr Teach @ Club Level
1st Dan Black Belt	Ananko	Koshi-nage (2) Sumi-otoshi (14,17)	Written Work	Valid Membership Estimated Time: 1 yr Teach at Club & Seminar level

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Key to Grading Summary	
<u>Front Holds:</u> 1. Ai-hanmi katate-dori 2. Gyaku-hanmi katate-dori 3. Ryote-mochi Ryote-dori 4. Ryote-mochi Katate-dori 5. Sode Dori 6. (Ryo) Sode-dori 7. (Ryo) Kata-dori 8. (Ryo) Mune-dori <u>Rear Holds:</u> 9. Ushiro Ryote-mochi Ryote-dori 10. Ushiro Ryokata-dori 11. Ushiro Eri-dori 12. Ushiro Kubi-jime 13. Ushiro Mune-daki-shimema	<u>Kihon:</u> sets 1-4 (see separate sheet) <u>Basic Strikes:</u> 14. Zuki 15. Keri 16. Shomen uchi 17. Yokomen Uchi 18. Empi 19. Tanto thrust (Chudan) 20. Tanto stab (Jodan) <u>Body Movement:</u> 21. Iremi 22. Tenkan 23. Ushiro Tenkan 24. Kaiten

4th kyu and above there will be an expectation that the student will be able to demonstrate an understanding of the Japanese names for various techniques. Going forward that expectation will increase.